Service Civil International is the oldest voluntary peace movement in the world, with over 100 years of experience. Our mission is to promote a culture of peace by organising international volunteering projects with local and global impact. We are present in 41 countries on 5 continents, and we cooperate with partners in almost all countries of the world. Read more at sci.ngo or contact us at info@sci.ngo.

During 100 years of operation, SCI has accumulated lots of expertise in peacebuilding and community work, which has been recognised by many institutions, including UNESCO and the Council of Europe. We have also been nominated numerous times for the Nobel Peace Prize.
From Dreams to Actions project

With the project “From Dreams to Actions - together for a peaceful future” Service Civil International promotes the values of peace and nonviolence, and supports the growth of a new generation of changemakers to create a more peaceful world.

The project took place between 2020 and 2021 and consisted of:
- creating the SCI Peace Cards
- an international online training course on peacebuilding and activism for volunteers, educators, and youth workers
- local follow-up actions for peace

“From Dreams to Actions” was co-funded by JINT, the Flemish Agency of Erasmus+, and by the Council of Europe through the European Youth Foundation.
What are SCI Peace Cards?

Peace Cards are a tool to spark discussion on the topics of peace, non-violence, and activism.

This set contains 56 cards, each having a quote connected to the above topics.

The Cards were created in a collaborative process, with contributors from all across the world proposing their favourite quotes, and global voting which helped us to make the hard choice and determine the 56 quotes that were eventually printed!

The quote authors are persons from all walks of life, and we ensured a diverse configuration of backgrounds.
Peace Cards creators and project team:
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Design: Artwork & Graphic design by Natalia Bystrianyk
For more artwork please visit Natalia's website at talby.art

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Materials: The Peace Cards were created respecting the environment, using 100% recycled cotton and 100% recycled Nautilus paper (FSC Recycled and EU Ecolabel certificates)

An electronic version of the Peace Cards is available at sci.ngo
Who are the Cards intended for?

The Peace Cards are for everyone - both those who are interested in peace and those who are not (yet)!

In particular, this set can support trainers, facilitators, youth workers, workcamp coordinators, psychologists, and educators who look for a creative tool to discuss the issues of peace, war, nonviolence, and activism with diverse groups.

The Cards are also a great tool to introduce the above topics to families, groups of friends and other informal circles!
Notes on the quotes

You will soon notice that some quotes you can easily agree with, others might contradict your opinion or even clash with your values and beliefs. There is no right and wrong opinion!

We aim to provoke a dialogue on peace and nonviolence that will bring a better understanding of each other’s point of view.

We believe that once we are more open to speaking about peace, this will make us more reflective and confident in bringing peace out on all levels in our lives and the world.
How to use the Peace Cards?

There are numerous ways to benefit from the Peace Cards. Below you will find a few examples to help you kick off their usage.

**Individually**
Think of a recent situation in life and pick up a card that resonates with this situation. What can you learn from it?

**In a pair**
Let’s put peace into practice! Each of you picks a quote that encourages you to do one little thing for peace today. What is it? Share and inspire!

The Peace Cards are also ideal to use with groups! Two examples are on reverse:
In a small group
Pick a random card and discuss it in the group. Do you agree with the quote - or not? Why?

In a big group
Display all the cards on the table/floor and ask participants to choose a card that they find the closest to their understanding of what peace is. Share!

And of course, be creative! Find your own way that is the most appropriate for you, your group, the needs and the settings!

Good luck!
Thousands of candles can be lighted from a single candle, and the life of the candle will not be shortened.

- Buddha
We work on ourselves in order to help others, but also we help in order to work on ourselves.

- Pema Chödrön
Peace comes from being able to contribute the best that we have, and all that we are, toward creating a world that supports everyone. But it is also securing the space for others to contribute the best that they have and all that they are.

- Hafsat Abiola
I am only one; but still I am one. I cannot do everything, but still I can do something.

- Edward Everett Hale
There never was a good war or a bad peace.

- Benjamin Franklin
A civilization flourishes when people plant trees under whose shade they will never sit.
- Greek proverb
Unless we teach children peace, someone else will teach them violence.
- Colman McCarthy
When spider webs unite, they can tie up a lion.
- Ethiopian proverb
Peace is not something you wish for; it’s something you make, something you do, something you are, and something you give away.

- John Lennon
In the end, we will remember not the words of our enemies, but the silence of our friends.

- Martin Luther King, Jr.
War cannot be humanized; war can only be abolished.

- Albert Einstein
We are at a unique stage in our history. Never before have we had such an awareness of what we are doing to the planet, and never before have we had the power to do something about that.

- David Attenborough
One hand alone does not clap.
- Arabic proverb
It is far better to light a candle than to curse the darkness.

- Author uncertain
Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it’s the only thing that ever has.
- Margaret Mead
How wonderful it is that nobody need wait a single moment before starting to improve the world.

- Anne Frank
It isn’t enough to talk about peace. 
One must believe in it. 
And it isn’t enough to believe in it. 
One must work at it.

- Eleanor Roosevelt
I went into the Army believing that if you want peace you must prepare for war.
I now believe that if you prepare thoroughly for war you will get it.

- John Frederick Maurice
Great opportunities to help others seldom come, but small ones surround us every day.
- Sally Koch
Be the change you want to see in the world.
- Mahatma Gandhi
Peace is a human right, as well as a science, a technique and an art. To build it efficiently it shall be studied and practiced.

- Author unknown
Peace is not merely a distant goal that we seek, but a means by which we arrive at that goal.

- Martin Luther King, Jr.
If we want to reap the harvest of peace and justice in the future, we will have to sow the seeds of nonviolence, here and now, in the present.

- Mairead Corrigan Maguire
Peace has to be created, in order to be maintained. It is the product of Faith, Strength, Energy, Will, Sympathy, Justice, Imagination, and the triumph of principle. It will never be achieved by passivity and quietism.

- Dorothy Thompson
Peace is not the absence of conflict but the presence of creative alternatives for responding to conflict - alternatives to passive or aggressive responses, alternatives to violence.

- Dorothy Thompson
Being a pacifist between wars is as easy as being a vegetarian between meals.

- Ammon Hennacy
Peace is not the product of a victory or command. It has no finishing line, no final deadline, no fixed definition of achievement. Peace is a never-ending process, the work of many decisions by many people in many countries.

- Oscar Arias Sánchez
It is reasonable that everyone who asks justice should do justice.

- Thomas Jefferson
If you want peace, work for justice.
- Pope Paul VI
I wish for the peace and happiness which can only be mine if they at the same time belong to all people, and which I otherwise consciously abstain from. National satisfaction and safety for one's own country, while need and misery prevail in others - that is abominable.

- Pierre Cérésole
Violence often brings about momentary results. But in spite of temporary victories, violence never brings permanent peace. It solves no social problem; it merely creates new and more complicated ones.

- Martin Luther King, Jr.
We must be prepared to make heroic sacrifices for the cause of peace that we make ungrudgingly for the cause of war. There is no task that is more important or closer to my heart.

- Albert Einstein
Those who do not move do not notice their chains.

- Rosa Luxemburg
If you want to end war, then instead of sending guns, send books. Instead of sending tanks, send pens. Instead of sending soldiers, send teachers.

- Malala Yousafzai
I’m a biologist, and war is not genetically fixed. War is a cultural invention. It’s time to end this abomination.

- Judith Hand
War is a barbaric tool of the war profiteers and Empires who employ them. War pits young people from the working class against other similarly poor, or disadvantaged humans, for nothing but the greed of the few.

- Cindy Sheenan
You cannot find peace by avoiding life.
- Virginia Woolf
Like life, peace begins with women. They are the first to forge lines of alliance and collaboration across the conflict divides.

- Zainab Salbi
There is no such thing as a ‘humanitarian’ war. In cases of conflict or bitter oppression, the very best way to mend broken relationships is to use all nonviolent means possible to de-escalate tensions and work for a better life going forward on the basis of the equality and equal worth of all human persons.

- Helena Cobban
It takes more than one person to bring about peace - it takes all of us.

- Rosa Parks
The drops of rain make a hole in the stone not by violence but by oft falling.

- Lucretius
Peace cannot be kept by force; it can only be achieved by understanding.

- Albert Einstein
If you think you are too small to make a difference, try sleeping in a closed room with a mosquito.

- African proverb
Do the best you can until you know better, then when you know better, do better.

- Maya Angelou
Respect everyone - including yourself. Then you will find peace in your heart.

- Sadhisan Thirumohan
Always practice the Art of Peace in a vibrant and joyful manner.

- Morihei Ueshiba
To keep a lamp burning we have to keep putting oil in it.

- Mother Teresa
Peace equals ability to handle conflict, with empathy, nonviolence and creativity.
- Johan Galtung
I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear.

- Nelson Mandela
No one is born hating another person because of the colour of his skin, or his background, or his religion. People must learn to hate, and if they can learn to hate, they can be taught to love, for love comes more naturally to the human heart than its opposite.

- Nelson Mandela
You cannot expect peace and you go on killing animals. That is not possible.

- A.C. Bhaktivedanta Srila Prabhuapada
To accomplish great things we must not only act, but also dream; not only plan, but also believe.

- Anatole France
To think is easy. To act is hard. But the hardest thing in the world is to act in accordance with your thinking.

- Johann Wolfgang von Goethe
Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in.

- Syed Muhammad Zeeshan Hussain Almashhadi
I was once asked why I don’t participate in anti-war demonstrations. I said that I will never do that, but as soon as you have a pro-peace rally, I’ll be there.

- Mother Teresa
Peace starts within each one of us. When we have inner peace, we can be at peace with those around us.

- Dalai Lama XIV